







## **About the Facility**

Mary T. Meagher is the great-

est butterfly swimmer ever.

For her feats she earned the

nickname "Madame Butterfly."

Meagher won three gold

medals at the 1984 Olym-

pics, in both butterfly events

(100M and 200M) and in the

4x100M medley relay. In 1988,

by then past her prime, she

earned a bronze in the 200M

butterfly and a silver in the

medley 4x100M relay. Meagher would likely have won both

events in 1980, had the Unit-

ed States not boycotted the

Moscow Olympics. She was world champion in 1982 over

100M and in 1986 over 200M. She set two world butterfly

records over 100M, and five over 200M, beginning

in 1979. Her performance at the 1981 U.S. Nationals remains her greatest effort, when she set world records of 57.93 for 100M, and 2:05.96 for 200M. These records,

extremely dominant for their time, both lasted until 1999

before being broken. Her full name was Mary Terstegge Meagher, with her middle name derived from her mother's

maiden name. Meagher was always known as Mary T. to

differentiate her from a sister who later entered a convent,

to literally become a sister, Sister Mary Glen.

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## Mary T. Meagher Aquatic Center

## 201 Reservoir Avenue Louisville KY 40206

phone 502/897-9949 fax 502/897-2549 email parks@louisvilleky.gov web metro-parks.org

#### Hours

Mon-Fri, 5 a.m.-9:15 p.m. (pool closes at 9 p.m.) Sat, 9 a.m.-6 p.m. (pool closes at 6 p.m.) Sun, closed

### **Facility and Park Amenities**

The Mary T. Meagher Aquatic Center facility includes:

- Olympic (50 meter)11-lane competition swimming pool
- Therapy pool
- · Weight room

#### Crescent Hill Park also has:

- Lighted tennis courts
- Crescent Hill Golf Course 9 holes
- Louisville Water Company Reservoir 0.75 mile walking path

#### Programs offered by Metro Parks Aquatics include:

- Agua aerobics
- Birthday parties
- Pre-competitive training

- Aqua therapy classes
- Dive-in movie
- Swim lessons for all ages

· Arthritis and deep water classes

Lockers are available for rental per day, or you may bring your own lock.

#### STAFF

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The mission of Louisville Metro Parks is to create a City of Parks where people can play, learn, grow and be healthy. The mission is accomplished by taking care of all parks properties and creating new ones, by providing safe and diverse recreational programs, and by protecting our public lands and resources for future generations.

## **Lifeguard Training**

There is no cost for lifeguard training if the participant can work for Metro Parks during the 2014 summer season. If they can't, the fee is \$200. All sessions held at the Mary T. Meagher Aquatic Center. Classes may be combined if class size requirements are not met. Call to preregister.

To become a certified lifeguard in Louisville Metro, you must be 16 years old and hold current certification in Lifeguard/First Aid Training. CPR for the Professional Rescuer, and the Jefferson County Board of Health Guard Course.

You must attend all scheduled classes in a Lifeguard/First Aid session; no make up dates are available. Each session will included lifeguarding, first aid, CPR/PR and Board of Health training. No refunds given for any reasons.

Session I	Mon, Thu, Fri (Christmas Break) Dec 23-Jan 3 • 9 a.m5 p.m \$200
Session II	Sat (no class Feb 15) Feb 1-Mar 8 • 9 a.m5 p.m. \$200
Session III	Thu (no class Apr 3) \$200
<b>Session IV</b>	Mon, Tue, Wed, Thu, Fri (Spring Break) Mar 31-Apr 4 • 9 a.m5 p.m \$200
Session V	Sat\$200
Session VI	Tue, Wed, Thu, Fri, Sat
	<b>May 27-31 • T, W, Th, F: 4-9 p.m. • Sat: 9 a.mNoon</b> \$200
<b>Session VII</b>	Mon, Tue, Wed, Thu, Fri
Session VIII	Mon, Tue, Wed, Thu, Fri

#### **CPR for the Professional Rescuer Training**

For lifeguards who need CPR for the Professional Rescuer recertification, or those not registered for lifeguard class or employed by Metro Parks. The fee is \$100 for those taking CPR/PR only.

#### **Jefferson County Board of Health Guard Course**

Call 502/574-6650 to register for this course.

Sat ...... May 17 • 8 a.m.-Noon



The ideal job for students!

Only a few hours each week and there's still plenty of time to study.

Learn life-saving skills that you can use throughout your lifetime!

# Saturday Stroke School

A class for advanced swimmers who have a basic knowledge of strokes and want to improve. Class is limited to 10 students for session.

There are no makeup classes unless the Center must cancel a class. No refunds given for any reasons.

Session I	Freestyle/Backstroke	
	Sat	<b>May 10 • 9-10 a.m</b> \$50
	Sat	<b>May 10 • 10-11 a.m</b> \$50
Session II	Fly/Breaststroke	
	Sat	<b>May 17 • 9-10 a.m</b> \$50
	Sat	<b>Mav 17 • 10-11 a.m</b> \$50





## Hours/Membership

### Lap Swim and **Weight Room Hours**

Mon-Fri 5 a.m.-9:15 p.m. (pools close at 9 p.m.) Sat 9 a.m.-6:15 p.m. (pools close at 6 p.m.)

#### Recreational **Swim Hours**

Mon-Fri Noon-3:30 p.m. (no evening Rec Swim)

Sat Noon-6 p.m.

Specified lanes may be used for non-lap swim

Building closes 15 minutes after pool closes. Therapy Pool hours are on page 4.

Children under 8 must be accompanied by a person 12 or older. Those 9 and older must have an ID to enter the facility. IDs may be made at the Mary T. Meagher Aquatic Center during regular business hours. Cost is \$4. You must provide proof of name and address.

#### **Fees**

Children (3-12) \$3 Adults (13 and older) \$5.50 Senior Card \$48

Seniors (60 and older) \$4.50

Therapy Pool Only \$3.50 (1 hour maximum per visit; you must have doctor's consent form on file)

12-Visit Lap Swim/Weight Room Punch Card Adults \$60 • Children \$30

### **Memberships**

<b>Monthly Pass</b>	Yearly Pass			
Individual\$45	Individual \$355			
Family*\$75	Family*\$520			
Senior Passes • Patrons 60 and older				
Monthly Pass Yearly Pass				
Monthly Pass	Yearly Pass			
	Yearly Pass Individual\$320			
Individual \$38.50				

### **All-inclusive Yearly Memberships**

Best value! Includes all Aqua and Therapy classes, and one free birthday party for up to 10 people; does not include swim lessons/programs.

ndividual	\$555
Family	\$720
Senior Family	\$670
Senior Individual	\$520

## Please check posted lane assignments for lane availability!

Patrons who pay the daily fees or have monthly/yearly passes may use the Weight Room. Youths under the age of 15 must have direct supervision by a parent or responsible adult when using weight equipment.



## Holidays/Closings

### **Swim Meets**

February 21, 22, 23 March 14, 15, 16 Limited lap lanes, limited parking, no Recreation Swim.

#### Closed

January 1 • New Year's January 20 • Dr. Martin Luther King, Jr. Day May 5 • Kentucky Derby Day May 26 • Memorial Day



## **Aqua Exercise**

## **Mondays, Wednesdays and Fridays**

7-8 a.m. Deep Water Class\*

8-9 a.m. Introduction to Deep Water / Deep Water Class

(Monday & Wednesday only)\*

8-9 a.m. Aqua Exercise

9-10 a.m. Cardiac Class (Monday & Wednesday only)

9-10 a.m. Aqua Exercise

AEROBIC ROOM 10-11 a.m. Silver Sneakers (Monday only)

(Muscular strength and range of movement, land)

10-11 a.m. Aqua Exercise
11 a.m.-Noon Aqua Exercise

5:30-6:30 p.m. Aqua Exercise (Monday & Wednesday only)

6:30-7:30 p.m. **Deep Water\*** (Monday & Wednesday only)

## **Tuesdays and Thursdays**

7-8 a.m. M.S. and related conditions

8-9 a.m. Aqua Exercise

9 a.m. Aqua Splash (Silver Sneakers class, Tuesday only)

9-10 a.m. Pre- and Post-Natal Class (Thursday only)

9-10 a.m. Agua Exercise

AEROBIC ROOM 10-11 a.m. Silver Sneakers

(Muscular strength and range of movement, land)

10-11 a.m. Aqua Exercise

10-11 a.m. **Deep Water** (Thursday only)

2:30 p.m. Aqua Splash (Silver Sneakers class, Thursday only)

## **Saturdays**

11 a.m.-Noon Dee

Deep Water\*

11 a.m.-Noon Aqua Exercise

Please shower before entering the pools, and lock your locker!!!

## Fees for Aqua Exercise Classes held in the Olympic Pool

If you purchase a monthly/yearly pass, the daily fee is \$3, or you may purchase a 12-visit Exercise Card for \$33. Monthly members may only purchase a maximum of 2 punch cards during their corresponding membership period.

If you do not purchase a monthly/yearly pass, the daily fee is \$6, or you may purchase a 12-visit Exercise Card for \$60.

You may take a second class on the same day for only \$1!

\*Participants must be comfortable in deep water.



## **Birthday Parties**

## Available during Recreational Swim hours!

Mary T. Meagher Aquatic Center will provide:

Certified Lifequards

• 1-Meter Diving Board

Water Basketball

You may bring:

Food

Birthday cake

Decorations, etc.

Please do not bring glass containers or confetti. Alcohol is not allowed.

## **Friday Parties**

All visitors must be out of the facility by 9:15 p.m.

**Party Room** 

7-9 p.m. • \$6/swimmer

**Deck Party** 

7-9 p.m. • \$5/swimmer



## **Saturday Parties**

Saturday parties are 2 hours only. Please have your area cleaned up no later than 15 minutes after your party has ended.

### **Party Room**

Noon-2 p.m. • \$6/swimmer 3-5 p.m. • \$6/swimmer

#### **Deck Party**

Noon-2 p.m. • \$5/swimmer 3-5 p.m. • \$5/swimmer

### **Registration and Information**

Reservations must be made in person, and are on a first-come, first-served basis.

All birthday parties require a non-refundable registration fee - \$25 for members and \$45 for non-members - which is due at the time the party date is reserved (this fee does not apply to the final cost of the party).

A non-refundable \$10 fee is assessed if you change the party's date.

Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks, and payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville KY 40206.

\*Children age 2 and under will be charged for reserved birthday parties.



## **Baby Splash**

The Baby Splash program is designed to give your child an introduction to the water and includes fundamental swimming and recovery skills. Until toilet trained, babies must wear tight-fitting swimsuits.

Some classes are also offered on Saturdays. There are no makeup classes, unless the Center must cancel a class. No refunds will be given, for any reasons.

**Level 1** Parent and child together • An introduction to the water

**6-12 months** as well as swimming and recovery skills.

Level 2 Parent and child together • Improve fundamental 12 months & older swimming and recovery skills. Level 1 prerequisite.

Level 3 Parent and child together • Improve fundamental 1-3 years swimming and recovery skills. Some independent

swimming is encouraged. Level 2 prerequisite.

**Session I** Level 1......Tue......Jan 7-Feb 4 • 6 p.m. ...........Five classes ................\$32.50

Level 1......Tue ......Jan 7-Feb 4 • 6:30 p.m.

Level 2......Thu......Jan 9-Feb 6 • 6 p.m.

Level 1......Tue......Feb 18-Mar 18 • 6:30 p.m.

Level 2...... Thu...... Feb 20-Mar 20 • 6 p.m.

Session III Level 1 ...... Tue ....... \$32.50

Level 1......Tue......Apr 8-May 6 • 6:30 p.m.

Session III Level 3......Thu......Apr 10-May 8 • 6:30 p.m. .........Five classes ...............\$32.50

Level 2......Thu......Apr 10-May 8 • 6 p.m.



## Therapy Pool Schedule

	English Control						
TIME	SUN	MON	TUE	WED	THU	FRI	SAT
6 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8 a.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
9 a.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Swim Lessons
10 a.m.	CLOSED	Arthritis Class	Open Time	Arthritis Class	Open Time	Open Time	Swim Lessons
11 a.m.	CLOSED	Open Time	Water Walking	Open Time	Pilates	Arthritis Class	Open Time
Noon	CLOSED	Arthritis Class	Yoga	Arthritis Class	Aqua Chi	Arthritis Class	Open Time
1 p.m.	CLOSED	Arthritis Class	Open Time†	Arthritis Class	Adapted Leisure	Arthritis Class	Open Time
2 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Open Time
3 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	CLOSED
4 p.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
5 p.m.	CLOSED	Warm Water Workout	Open Time	Warm Water Workout	Open Time	Warm Water Workout	CLOSED
6 p.m.	CLOSED	Swim Lessons	Swim Lessons	Open Time	Swim Lessons	Open Time	CLOSED
7 p.m.	CLOSED	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	CLOSED
8 p.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
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### Fees for Aqua Exercise Classes held in the Therapy Pool

If you purchase an Aquatic Center monthly, yearly or family pass, classes are free.

If you do not purchase an Aquatic Center monthly, yearly or family pass, classes are \$4.25 per day-or you may purchase a 12-visit Aqua Card for \$40. All persons using the Therapy Pool must have a consent form signed by a doctor on file. Forms may be obtained at the front desk or on our website.



Fee:

## Weekday Swim Lessons

CLASS SIZE

IS LIMITED

TO 6

**STUDENTS** 

PER

**INSTRUCTOR** 

**CLASS SIZE** 

IS LIMITED

TO 6

**STUDENTS** 

PER

**INSTRUCTOR** 

## Weekday Lessons · Olympic Pool

Lessons meet once weekly. Register participants based on their ages and the skill levels listed on page 7. All swim classes are also offered on Saturdays.

### PRESCHOOL · 3 to 5 years

**SESSION I:** Mon, Jan 6-Feb 10 (5 classes)\*

> 6-6:30 p.m. Levels 1 & 2 Levels 2 & 3

6:40-7:10 p.m. \$32.50

Mon, Feb 24-Mar 24 (5 classes) SESSION II:

> Levels 1 & 2 6-6:30 p.m.

> Levels 2 & 3 6:40-7:10 p.m.

Fee: \$32.50

**SESSION III:** Mon, Apr 7-May 5 (5 classes)

> 6-6:30 p.m. Levels 1 & 2 Levels 2 & 3 6:40-7:10 p.m.

\$32.50 Fee:

Preschool classes focus on water adaptation, basic safety skills and beginning stages of swimming. Parents are spectators during lessons. Children must wear tight-fitting swimsuits until toilet trained. Levels 1 to 3 taught.

### **GRADE SCHOOL · 6 years and older**

Mon, Jan 6-Feb 10 (5 classes)\* **SESSION I:** 

> 6-6:30 p.m. Levels 1 & 2 6:40-7:10 p.m. Levels 2 & 3

Fee: \$32.50

Mon, Feb 24-Mar 24 (5 classes) **SESSION II:** 

> 6-6:30 p.m. Levels 1 & 2 Levels 2 & 3

6:40-7:10 p.m. \$32.50

**SESSION III:** Mon, Apr 7-May 5 (5 classes)

> Levels 1 & 2 6-6:30 p.m.

> Levels 2 & 3 6:40-7:10 p.m.

\$32.50 Fee:

Fee:

These classes teach youngsters the building blocks of the four basic swimming strokes (front crawl, backstroke, breaststroke and butterfly) as well as sidestroke and elementary backstroke in a progressive manner. See Red Cross levels on page 6 in order to place your child in an appropriate class. Levels 1 to 3 taught.

#### \*NO CLASSES JANUARY 20.

No refunds will be given, for any reason. There will be no make up classes unless the Center must cancel a class. We are sorry for any inconvenience.

## **Saturday Swim Lessons**

### **BABY SPLASH · 6 months to 3 years**

SESSION I: Sat, Jan 11-Feb 8 (5 classes)

8:30-9 a.m....\$32.50 9:30-10 a.m. .....\$32.50 10-11 a.m....\$32.50

SESSION II: Sat, Mar 1-Apr 12 (5 classes)\*

8:30-9 a.m....\$32.50 9:30-10 a.m. .....\$32.50 10-11 a.m....\$32.50

**CLASS SIZE** IS LIMITED TO 6 STUDENTS INSTRUCTOR

### PRESCHOOL · 3 to 5 years

SESSION I: Sat, Jan 11-Feb 8 (5 classes)

9-9:30 a.m.....Levels 1, 2 & 3 ....\$32.50 10:30-11 a.m. Levels 1, 2 & 3 ....\$32.50

SESSION II: Sat, Mar 1-Apr 12 (5 classes)\*

9-9:30 a.m....\$32.50 10-10:30 a.m. ...... Levels 1, 2 & 3 .....\$32.50

CLASS SIZE IS LIMITED TO 6 **STUDENTS** PFR INSTRUCTOR

#### **GRADE SCHOOL · 5 to 14 years**

SESSION I: Sat, Jan 11-Feb 8 (5 classes)

9:40-10:20 a.m. ...... Levels 1 & 2 .......\$35 11:10-11:50 a.m............ Levels 2 & 3 ........\$35

SESSION II: Sat, Mar 1-Apr 12 (5 classes)\*

9:40-10:20 a.m. Levels 1& 2 .......\$35 11:10-11:50 a.m................ Levels 2 & 3 ........\$35

**CLASS SIZE** IS LIMITED TO 6 STUDENTS PER INSTRUCTOR

## **ADULTS · 15 years and older**

SESSION I: Sat, Jan 11-Feb 8 (5 classes)

Noon-12:40 p.m...... Levels 1 & 2 .......\$35

SESSION II: Sat, Mar 1-Apr 12 (5 classes)\*

Noon-12:40 p.m...... Levels 1 & 2 .......\$35

Our staff utilizes the American Red Cross swim lesson program, which covers skills and knowledge in a logical progression of skill development levels. Refer to the descriptions to determine preschool or grade school placement.

Level 1 Introduction to water skills. Getting comfortable with the face in the water, floating and kicking on front and back.

Level 2 Fundamental aquatic skills. Begin independent performance of front and back floats and glides, front and back crawl a short

distance.

Level 3 Stroke development. Coordinate front and back crawl strokes,

treading water, and introduce butterfly and diving.

#### \*NO CLASSES MARCH 15 AND APRIL 5.

No refunds will be given, for any reasons. There will be no make up classes unless the Center must cancel a class.